

FORRES ACADEMY EXTRA CURRICULAR REPORT

NOVEMBER 2016

SPORTING

- **Activ8 is open to all S1/S2 pupils.** The session runs on a Tuesday after school and provides an opportunity for pupils to try out a variety of activities. It is now up and running for this year and has attracted good numbers. This is a great way for pupils to get active, meet new friends, try out new activities and finish off their school day. Organised through the PE department, providing an opportunity for our CSLA students to develop Leadership skills, supported by clubs and staff from various departments.
- **Badminton** – The Friday club has once again attracted very good numbers to both sessions with over 70 pupils participating in the activity. Secondary School Players have the opportunity to compete in the Singles League held in Banchory and in the Crombie League; a team competition held in Aberdeen over a number of weekend dates. Players are also made aware of Development Camp opportunities, Local, Regional and National Competitions. A number of students have opted into the Club to use it for Duke of Edinburgh Physical Activity or Skills section for the DofE. Leadership opportunities have also been given to students through their volunteering at the club. The hours given to be recorded for the Saltire Award.

Singles League Results – Emma Donald took silver the U16, Ashley Donald silver and Callum Burge bronze in the U14. Forres Academy Team with Emma, Ashley and Callum Burge representing the school came 3rd in the schools element of the competition.

Netball – The after school club is once again showing very healthy numbers with over 40 attending the Wednesday after school session on a regular basis. We need to identify a way of being able to commit to the League dates and times – evening competitions away from Forres is problematic. Leadership opportunities have also been given with students recording their volunteer hours for the Saltire Award.

- **Senior Basketball** – A Thursday lunchtime club for pupils has been set up offering opportunities for all age groups/genders to participate. It is hoped that we can defend the Moray League Title and commit to the evening Fixtures that have been arranged. Senior Leaders are running the club and have committed to attend the games; parents have been approached by pupils to see availability to support the team. Volunteer hours again to be recorded and used for the Saltire Award.
- **Girls Football** – once again the Academy has entered teams for the Moray Girls Football League. With funding now been made available via Active Schools through the SSFA transport will be less of an issue. Training time will be arranged through Miss Deans PE department with the assistance from a senior student who will be gaining Leadership Skills.
- **Moray Secondary Schools Orienteering Competition** took place on Thursday, 6th October at Gordonstoun.

13 pupils represented Forres Academy and once again the Boys and Girls Teams won their respective Trophies. There was representation from S1 – S6; great support, guidance and encouragement given by the older students especially prior to the start of the event.

Individual medalists – Girls Gold – Kathryn Barr, Silver – Isobel Howard, Bronze – Emma Philip
Boys Silver – John Bonsall, Bronze – Alistair Bonsall

Forres Academy will now go onto represent Moray at the Scottish Schools Orienteering Championships in June 2017. Funding has been secured to cover the cost of the bus for the group to attend this event.

- **North of Scotland School Golf Championships** – Spey Valley. This event took place on Thursday, 6th October.
Jake Carpenter, Tom Bell, Matthew Wilson represented the school and retained the Anderson Shield.
- **Rugby Club** – there has been a big drop in numbers attending the Rugby on a Monday after school. This is mainly due to a large number of senior students who have now left reducing numbers drastically. The after school sessions are run by the Rugby Development Officer who has found that numbers across the schools have also fallen.
- **Forres Academy Sport Committee** members have been identified and now that the Young Ambassadors have attended their conference a meeting will be called to discuss events.
- **Forres Academy Young Ambassadors** – New to the role we have Eve Newlands and Matthew Douglas. Both are very keen to get started on a project and meetings have already taken place to allow them to move forward with ideas. Eve, a keen swimmer and netball player also does clay pigeon shooting, she is already helping with the Netball club. Matthew's first sport is Tennis. He has competed for the school and has completed his Young Tennis Leaders Award and is working towards his Level 1 aspiring to continue to work up the coaching ladder as he comes of age to do so. Matthew will be looking to develop an activity that will allow him to use this skill set. He also attends the Badminton Club and will be representing the school in the Crombie League.
- **Moray Secondary Schools Girls Football League** - The S1 – S3 Girls Football team and coach Katie Owen (S6) for coming 3rd in their first tournament of the season. The girls did brilliantly beating Elgin High School and Keith Grammar's B team while narrowly losing out to Elgin Academy and Keith A. They scored plenty of goals and managed to maintain a great team spirit despite the miserable, wet conditions.
- **Basketball League – Elgin High 5.00pm – 8.00pm - 02.11.16.** A young team with one senior Leader represented the school and were commended on their play, sportsmanship and etiquette on and off the court. They certainly played to their strengths and gave everyone a game for their money. All are looking forward to the next round.
- **Sport Scotland – Schools Gold Sport Award – pending.**

Up and Coming Sporting Events

- Moray Schools Swimming Time Trials, Thursday, 10.11.16 - 9.00am – 2.30pm approx. at Forres Swimming Pool.
- Multisport – Visual Impairment event – 7th November 1.00pm – 3.00pm at Moray College UHI - cancelled.
- Crombie Badminton League – Team Event – one team to be entered – various dates – Aberdeen.
- Moray Schools Netball League – 10th November 4.30pm onwards at Gordonstoun – Juniors.
- Mountain Biking – Saturday, 12th November finale of Dirt Crit Series – Nevis Range, Ft William.
- Rugby Union – Thursday, 17th November – S1/2 Finals Competition – Gordon Schools, Huntly.

- Moray and Nairn Schools Orienteering League – Round 10 – 19th November 10.15am – 1.00pm at Cooper Park Elgin.
- Climbing – Finals of the Scottish Schools – invite only – 19th November at Glasgow Climbing Centre.
- Rugby Union – North Schools U16 Finals/Competition – 23.11.16 from 2.00pm onwards.
- Senior Netball – Round 1 – Thursday, 24th November from 4.30pm at Gordonstoun.
- Boccia – Friday, 25th November 2016 at the Fisherman’s Hall in Buckie from 10.00am – 2.00pm.
- Table Tennis – Moray Secondary Schools Table Tennis Competition at Elgin Academy from 5.30pm.
- Rugby Union – North Schools Rugby Development League – 30th November 2016 from 2.00pm.

Non Sporting Events/Clubs

- **S6 Show** is taking place on Friday, 18th November 2016. Tickets on sale.
- **ART & DESIGN** - A selection of Expressive & Design Art Work by Forres Academy Senior pupils will be showcased at an Exhibition in Elgin Library. The show will run from Saturday 5th November to Thursday 17th November. Works of Art by pupils in other secondary schools across Moray will also be participating.
- **Tuesday, 13th November** – Junior Dance
- **Friday, 16th December** – Senior Dance
- **Monday, 19th December** – Christmas Concert

Support Team Delivery

FAYZ evening drop-ins have re-started and are running at the following times at Forres House Community Centre.

- S1-S3 Tuesday 6.30-8.30pm
- S4-S6 Friday 7.30-9.30pm

YPod will be on every Thursday lunchtime -12.50 to 1.40 pm in the Hub. Come along for an informal chat and update on what’s happening.

Breakfast Club – Every school morning in the ‘HUB’.

- **School Health Team** – drop in sessions with the School Nurse – Shona Beattie and Ann Crossman (School Nurse Support Worker). These will be held in G12 on Wednesdays over break and lunchtime.
- **Additional Support for S1 PUPILS** – Miss Ross in the English Department with Senior Students S1 pupils who enjoy playing games; being creative and making new friends can come along to Y10 every Monday at 1pm to 1.30pm for a lunchtime club. S6 pupils will run the club and will be there for you to talk to and will organise games and activities for you. Bring a packed lunch along.
- **Drugs and Alcohol Talk** for seniors will be taking place over two dates – 16th and 17th November.

STUDY SUPPORT

Tutorials and Drop in Sessions – A programme has been collated to inform students and parents of the study support that will be put in place by Staff and Departments over this Academic Year. This will be updated as and when tutorials and times have been identified by staff and pupils. See attached for the extra-curricular and study support opportunities as they stand at the moment.

The Tree Of Knowledge Company is booked to work with our S4 pupils on Thursday 24th and Friday 25th November as per the school calendar.

S3 Parents evening – Wednesday, 23rd November 2016.

S3 – S4 Choices Guidance Parents' Evening – 29th and 30th November 2016.

CHARITY INVOLVEMENT

- MacMillan Coffee Morning in September in the staffroom raised £279.81.
- The S1 pupils supported the Lepra Charity to the sum of £1396.26.
- S1 – S6 and Staff were asked to support the Jeans for Genes Day on Friday, 9th October 2015. This raised a sum of £663.92.
- Shoe Box Appeal – there was a great response from registration classes supporting this cause.
- Children in Need Appeal – driven by the Charity Group from the Pupil Forum
- MacMillan Race for Life – It is hoped that a whole school event can be organised with support given by Young Leaders, Young Ambassadors, Sport Coordinator, PE Department, Forres Harriers, Active Schools and Forres Sports Hub – this will be dependent on day and time of event.

Additional Successes

- Forres Academy was shortlisted for two of the Kelloggs Breakfast Club Awards – Sustainability and Best Breakfast Club in Scotland Award. Results should be known by end of October 2016. Results posted on the web showed that we were not successful. The Breakfast Clubs benefit from Tesco Fair Share Food Initiative.
- **MASTER CHEFS**
Well done to the students who took part in the cookery competition with the Forres rotary club on Thursday night. The chefs were amazing and the FANG reporters and the SLT and the rotary were very supportive.
The winner of the Rotary heat was Fiona Rhind S5 who goes forward to the north of Scotland heat working with a local chef mentor and her Salmon Dish and Swiss roll.
The winner of the Future Chef was Skye Kenny S4 who goes forward to the Moray heat working with her chef mentor and her Moroccan inspired dishes.
- Shortlisted for the sportMoray Awards – The 'Forres Academy' Team, Anna MacFadyen for Intermediate Sportswoman and Ben Cameron for Junior Sportsperson.