

## FORRES ACADEMY EXTRA CURRICULAR REPORT

JANUARY 2016

### SPORTING

- **Badminton** – Emma Donald S2 has had success in the Singles League held in Banchory over 4 dates taking 1<sup>st</sup> position in the U14 category. She also competed in the Highland tournament and had success in singles, level doubles and mixed.  
**Crombie Badminton League** – a team event with the first competitive play on Saturday, 19<sup>th</sup> December 2015 and a further three dates through to March. One team will be representing Forres Academy with Emma Donald, Jamie Riddick, Calum Burge, Tessa Riddick, Dylan Chan.  
**Moray Schools Badminton Competition** – we will be entering a team of 12 students from across S1 – S3. Two dates have been identified for this Competition the first being 20<sup>th</sup> January 2016 hosted by Elgin Academy.
- **Netball** – Continuing to be a popular after school club for girls with a junior and senior section. Both are competing in the School League and are embracing the opportunity to gain valuable experience whilst competing.
- **Senior Basketball** – A lunchtime club for the older boys has given them additional practice time which has paid off with a win of 27 – 19 against Elgin Academy. The boys are at the moment leading the league table.
- **Junior Basketball club** will be starting up on a Wednesday after school in the boys' gym.
- **Girls Football** – Training night is now a Tuesday and with a few more girls attending it gave them the opportunity to compete in the Moray Schools Competition.
- **Moray Schools Swimming Time Trials** – These were held on the 12<sup>th</sup> November at Forres Swimming Pool. Forres Academy swimmers took 10 Gold, 12 Silver and 8 Bronze medal positions. 9 swim times from the Forres Academy Swimmers were put forward for consideration for the National Individual Event in January with 3 of the swims being selected for the competition, Eilidh McRitchie and Callum McBeath will be representing Forres Academy and Moray along with potentially another 22 students (Primary and Secondary) from across Moray. The Time Trials saw the vast majority of competitors achieve new PB's in their respective disciplines.
- **Forres Academy Early Morning Swimming** - The Early Morning Swimming Club will be under some pressure to compete at the Team Relays in June as training time at Forres Swimming Pool will not be available due to the refurbishment of the facility. Mrs Rossiter is negotiating to get access at another facility in Moray. A bag pack has been organised at Tesco Forres – Saturday, 23<sup>rd</sup> January 2016 – paperwork has gone out to all who access the early morning swimming sessions and a rota will be created.
- **Rugby Club** – an increase in numbers has been seen this season with opportunities running throughout the term time for the S1/2, U16 and U18 age groups. Transport this season has been subsidised by SRU with a contribution being paid by each of the players when they attend a match. Active Schools along with the Moray Rugby Development Officer are assisting with the driving of the bus when required. The Moray Schools Team which Forres Academy plays under took the U16 Shield on the 11<sup>th</sup> December. Numbers and interest continued to grow with more attending the after school club which now trains indoors on a Monday over the winter period. One of our U16 players – George Hurst has being selected for the Scottish Squad.
- **Orienteering** – Forres Academy have once again held onto the League Trophy, well ahead of all other Moray Schools and still a league date to compete at.
- **sportMoray Recognition Awards** – A number of athletes who attend Forres Academy were shortlisted at the sportMoray Awards which were held on the 24<sup>th</sup> November at Elgin Town Hall. Finlay Donegan (Athletics), Kyle Cartmell (Cycling), Harry Ferguson (Ice Hockey) and Kathryn Barr (Orienteering).

- **Forres Academy Sport Committee.** This has been set up to assist in getting more pupils active, allow more leadership opportunities and create House Ethos through the delivery of Inter House Activities. The Committee is made up of Young Ambassadors, Lead 2014 Students, Young Leaders, House Pupil Representatives, Active Schools, PT of PE and Sport Coordinator. The school has also gone through its first self-assessment for the Sport Scotland School Sport Award and we have scored a High Silver Award with a score of 72.77% - one of two schools awarded in Moray. It has been identified that we need to encourage more engage in Sport Coach Awards and CPD to help us gain the Gold Award. It is however early on in the Academic Year and we can only use evidence from 2015 – 2016 for this assessment.
- **End of Term Christmas Cracker** – organised by the PE department allowing an opportunity for the CSLA students to put their skills into practice as they led the activities for all students throughout the last day of term. A great way to start the Festivities and also to raise money for charity.

### Up and Coming Sporting Events

- Crombie League – ongoing
- Moray Schools Badminton Competition
- Moray Schools Netball League - ongoing
- Moray Schools Basketball League - ongoing
- North of Scotland Cross Country
- Scottish Schools Indoor Track and Field Championships – two entries made

### Non Sporting Events/Clubs

- **Showcase Concert** was organised by the Music Department with performances from S3, Nat5, Higher and Advanced Higher students. This was held on Wednesday, 7<sup>th</sup> October at 7.30pm.
- **S6 Show** is taking place on Friday, 6<sup>th</sup> November, tickets on sale.
- **Drama Club for S1 – S3** - The Junior Drama Club is back and will be planning to do a lunchtime performance for Children in Need on Friday, 13<sup>th</sup> November. The Club will run after school from 3.30pm – 4.30pm on a night negotiated with the interested pupils.

### Support Team Delivery

FAYZ evening drop-ins have re-started and are running at the following times at Forres House Community Centre.

- S1-S3 Tuesday 6.30-8.30pm
- S4-S6 Friday 7.30-9.30pm

### STUDY SUPPORT

**Junior Book Club** – Tuesday Lunchtimes at 1.00pm in Y11

**Tutorials and Drop in Sessions** – A programme is being collated to inform students and parents of the study support that will be put in place by Staff and Departments over this Academic Year. This will be updated as and when tutorials and times have been identified by staff and pupils. See attached for the extra-curricular and study support opportunities as they stand at the moment.

## CHARITY INVOLVEMENT

- MacMillan Coffee Morning 25<sup>th</sup> September involving NAT5 Cake Baking and Decorating, Nat4/5 Hospitality class and staff raised £322.98 for this cause.
- The S1 pupils supported the Lepra Charity to the sum of £832.36.
- S1 – S6 and Staff were asked to support the Jeans for Genes Day on Friday, 9<sup>th</sup> October 2015. This raised a sum of £677.29.
- Shoe Box Appeal – there was a great response from registration classes supporting this cause.
- Cash for Kids – Christmas Cracker end of term.

**The Kick Butt Support Service** is back in school. It is available for all years and is set up to help raise awareness of the dangers of smoking and also provides the opportunity for individuals to stop smoking with support. The team are available on Mondays over lunchtime and are located in the main foyer.

## Successful Grant Applications/Support

- The Home Economics Department were successful in being awarded a grant from the Gordon & Ena Baxter Foundation to the value of £1,500. The monies will help create a sustainable Culinary Preserving Programme for our S3 students with each year generating sufficient funds to continue the ongoing delivery of the project. Jams and Preserves will be on sale to the public during the course of the year. Intention is to develop this link further with the Industry side of Baxters and the developmental chef.
- Sky Printers generously provided labels and swing tags for phase one of the Preserving Project.
- Active Schools have and will be supporting students going through various coaching courses e.g. Badminton Basics Course and First Aid.
- Spar generously sponsored new T-Shirts for the Cheerleading Team.