

Before anyone participates in an after school activity parental consent forms must be in place. Forms can be collected from Mrs Rossiter for each of the activities you are interested in attending – these need to be completed for each new Academic Year – Parents/pupils must inform us of any changes to medical details or emergency contact numbers to ensure everything is up to date. All consent forms must be returned directly to Mrs Rossiter in advance of attending the activity.

There may be charges for some of the clubs; this will be explained on the paperwork/at the club – cheques to be made payable to ‘Forres Academy School Fund’ and returned to Mrs Rossiter along with consent form.

DAY	ACTIVITY	TIME	VENUE
Monday	Choir All Years	Lunchtime – take along your packed lunch.	Music Department in P8
Monday	S1 - S2 Scottish Mathematical Challenge	After school – 3.20pm - 4.00pm The closing date for handing your solutions into the school is Friday 23 rd of September.	B2 – Ms McIntosh There are five questions to answer and they can be downloaded from www.scots-maths.co.uk
Monday	Junior Drama Club S1 – S3	3.30pm – 4.30pm	Drama Department – Ms Auld & Mrs Boyd
Monday	Rugby All Years	3.30pm – 5.00pm Starting 22 nd August 2016.	Change at Gameshall. Train on Plasmon /Gameshall – inclement weather and over the winter months.
Tuesday	Activ8 Variety of activities to choose from.	3.30pm – 5.00pm Starting after the October Holidays	Report to the gameshall for choices. Young Leaders and PE staff will be taking the sessions.
Tuesday	Volley Ball	3.30pm – 5.00pm Starting 6 th September through to the October Holidays.	Report to the gameshall to change. Miss Currie will be taking the sessions.
Wednesday	Science Club S1 – S3	1.00pm – 1.30pm Starting 7 th September 2016 You are welcome to take along your packed lunch.	Report to R16 Mr Thornton will be leading the sessions.
Wednesday	Choir All Years	Lunchtime – take along your packed lunch.	Music Department in P8
Wednesday	Netball All Years	3.30pm – 5.00pm Starting 31 st August 2016	Report to the gameshall. Miss Taylor (Council Coach) will be taking the sessions with support from senior girls.
Thursday	Swimming All Years	7.00am at pool 7.15am – 8.15am in water. Starting 27 th October once pool refurbishment is complete.	Forres Swimming Pool Swim Coach – Mr Grant McPherson/Support from Mrs Rossiter
Thursday	Basketball All Years	Lunchtime 12.50pm – 1.30pm Starting, 15 th September 2016	Gameshall with Senior Leaders
Thursday	Cricket All Years	3.30pm – 5.00pm Starting 25 th August 2016	Gameshall/Plasmon Field Mr Durrant and Mr Douglas will be taking the sessions.
Thursday	Cheerleading All Years	3.30pm – 5.00pm Starting 25 th September 2016	Forres Academy - Girls Gym Mrs Wood, Ms Wood and Ms Gregory
Thursday	FLAG Malawi	Lunchtime	H.E. Department – R14 - with Miss Stewart

DAY	ACTIVITY	TIME	VENUE
Friday	Badminton All Years	Session 1 - 4.30pm – 6.00pm Session 2 – 6.00pm – 8.00pm Starting, 19 th August 2016	Forres House Community Centre Gameshall Mrs Rossiter/Miss Bell
Saturday	Various Competitions	Opportunities throughout the year.	Refer to daily news sheets for information and opportunities for signing up.
Sundays 18 th Sept 25 th Sept 2 nd Oct 9 th Oct 16 th Oct	Moray Gig Sailing and Rowing Opportunities for students in S2 – S6.	Times vary due to tide times – these are available when signing up – see Mrs Rossiter – crew and committee member. Update – postponed until the new season – April 2017.	Based at Findhorn – need to arrange own transport to and from the location.
Various school days	Interhouse Activities	Lunchtimes	Keep an eye on the notices for events and how to get involved.
Mondays	S1 – 5 – a-side football	1.00pm – 1.30pm – be on time! Starting Monday, 5 th September 2016.	Meet at the gameshall – remember your PE Kit.
Wednesdays	S2 – 5 – a-side football	1.00pm – 1.30pm – be on time! Starting Wednesday, 7 th September 2016.	Meet at the gameshall – remember your PE Kit.

- **School Representation** – There will be opportunities for pupils to represent Forres Academy in a variety of sports throughout the Academic Year. These will be promoted through the various clubs, daily bulletin and electronic noticeboard. Pupils will often be asked to attend lunchtime meetings to register their interest and it is their responsibility to turn up or make contact with the person prior to the meeting to note their intention; failing to do this may mean that they will not be able to take part.
- **S1-2: BOOK GROUP:** Mrs Munn will be taking names each lunchtime week beginning 22nd August to start up this lunchtime club. If you enjoy reading why not join the club and help decide what book will be used for the first read?

Support for Pupils:

- School Health Team – drop in sessions with the School Nurse – Shona Beattie and Ann Crossman (School Nurse Support Worker). These will be held in G12 on Wednesdays over break and lunchtime.
- Lunchtime Pupil Support (RME and English) – to help pupils meet deadlines. Miss Ross from the English department will be offering this service to the pupils throughout the academic year.

Forres Academy will be continuing to support:

- LEPRAs – S1 pupils will be looking for donations to support LEPRAs during the month of September into October.
Raising Awareness Assembly – Thursday, 15th September during registration time.
Issue of letters and sponsorship envelopes to all 1st years, Friday, 16th September
Return of envelopes with money and Slideathon event: Friday, 30th September with engagement either period 5 or period 6 for pupils.
Thank you assembly will follow on Wednesday, 26th October during registration time.
- The Blythswood Shoe Box Appeal through registration classes. This entails sending Christmas Boxes to men, women and children living in poverty. We welcome your support.

Updates of this information sheet will be completed as and when new clubs start, information changes or new activities and opportunities are organised and put in place. They will also appear in the Daily Bulletin, be advertised through departments especially tutorials and placed on the study support and sport Coordinator's noticeboard in school. Updates will also be placed on the school webpage.

If you have any queries regarding the extra-curricular programme please make contact with Mrs Rossiter, Teacher/StudySupport/Sport/HWB Coordinator at Forres Academy on 01309 672271 Ext 253 or 251.

Recognising Achievements

- **Debating**

Well done to both our teams in the first round of the North of Scotland Schools Debating Competition. The standard was exceptionally high for a first round with Matthew Angell and John Bonsall securing 2nd place. Well done too to Finlay Huggan and Ellie Pearce who stepped in at last minute as Cults Academy was unable to attend. Big thanks to all helpers who gave directions; timed the speeches and served refreshments.

- **Duke of Edinburgh Award – Bronze Level**

Congratulations to Owen Walters, Isireli Naikelekelevesi, Jude Fredman, Ewan McRitchie, Amaya Rodriguez MacGregor, Asha Theron, Duncan Hornsby and Connor McCartney who all passed their Bronze expedition at the weekend. As well as walking 26 km with heavy packs and camping Saturday night we had the most ferocious midges ever experienced and yet through it all they remained cheerful with great team work and mutual encouragement. You thoroughly deserve your success – well done.

- **Fundraising for Early Morning Swimming Club**

Grateful thanks to all students, parents and grandparents who helped out with the Marshalling at the Glen Moray Marathons on Sunday, 4th September 2016. In the near future we will be rewarded with a contribution to the Club Funds from the proceeds of the event. Monies given will be used to help pay for pool hire costs for the season. It has been confirmed that we can get back into the water for early morning training on Thursday, 27th October 2016.

- **S6 Beachwalk**

On Wednesday, 7th September the S6 students once again challenged themselves to complete the Beachwalk from Lossiemouth to Roseisle with money raised going to Breast Cancer Research.

- **S1 and S2 5 – A-side Football Lunchtime Competition**

S1 students got the competition off to a great start on Monday, 5th September with both teams playing well and demonstrating great camaraderie and support for each other.

Result – Darnaway 3: Edinkillie 2

S2 students were not so well organised with Altyre and Culbin missing their KO slot resulting in neither of them gaining any points. Darnaway and Edinkillie played their match in true sportsman spirit with Darnaway winning 4 – 0. Remember to refer to fixture sheet handed out via registration pigeon holes.

Next matches – Monday 12th September – **S1** – Culbin v Edinkillie – KO 1.00pm

Wednesday 14th September – **S2** – Altyre v Darnaway – KO 1.00pm

Additional Opportunities – adding to personal skills development

- **Tennis on the Road**

Tennis Scotland Coach – Kris Souter provided an excellent afternoon on Tennis Coaching at grass route level to Members of staff from the PE Department, Club Coaches, Young Leaders and our students who are studying for the Community Sport Leader Award (CSLA) during this academic year. The afternoon session demonstrated various skills, routines and strategies to use when introducing tennis to complete beginners allowing those in attendance to add to their own person skill set. 6F were then introduced to the game with direction given from Kris and support/delivery given by those who attended the first session. Partnership working with the Governing Body, Moray Tennis Forum, Sport Development, Active Schools and Clubs allowed this to happen with no cost to the school and the event will hopefully allow further interest in the game to be created through the delivery of more of these sessions to students in the Academy. The PE department have already timetabled some classes into using the Tennis Club Courts over the next few weeks and hopefully more interest for the game will be sparked off and new faces will appear at the club.